

IT IS VERY IMPORTANT THAT YOU COLLECT THE FOLLOWING DOCUMENTS PRIOR TO SUBMITTING YOUR APPLICATION. YOU MUST COLLECT THEM YOURSELF. DO NOT HAVE THEM SENT TO THE OBESITY SURGERY CENTER, AS THEY COULD GET MISPLACED, SLOWING YOUR PROGRESS.

1. Letter of support from your physician(s) stating that he/she feels that this is a medically necessary procedure in order to reduce your risk of obesity related conditions – listing all conditions he/she treats you for that are related to obesity, as well as stating that he/she has supervised you on diet and exercise with no significant weight loss.
2. Copies of chart notes from your primary care doctor indicating he/she treating you for obesity including documentation of diet, exercise or medication changes to reduce weight.
3. Insurance Card.
4. Referral authorization from your PCP if your insurance requires it. (Aetna, Cigna and some others as well – mainly any HMO).

**The best thing to do is to schedule an appointment with your Physician to sit down and discuss your desire to have this procedure. During this visit, your doctor can interview you so that he/she may write a more informed letter to support your case. Also, you can at this time request your chart notes and a referral if needed. We have provided a sample letter of support that you can give to your doctor. It includes all information needed for approval by insurance companies.

**OBESITY
SURGERY
CENTER**
of LOUISIANA